

GUIDELINES FOR CONTRIBUTORS

Manuscripts are welcomed focusing on any form of scholarship that can be related to the NICEC Statement. This could include, but is not confined to, papers focused on policy, theory-building, professional ethics, values, reflexivity, innovative practice, management issues and/or empirical research. Articles for the journal should be accessible and stimulating to an interested and wide readership across all areas of career development work. Innovative, analytical and/or evaluative contributions from both experienced contributors and first-time writers are welcomed. Main articles should normally be 3,000 to 3,500 words in length and should be submitted to one of the co-editors by email. Articles longer than 3,500 words can also be accepted by agreement. Shorter papers, opinion pieces or letters are also welcomed for the occasional 'debate' section. Please contact the relevant issue co-editor(s) prior to submission to discuss the appropriateness of the proposed article and to receive a copy of the NICEC style guidelines. Final decisions on inclusion are made following full manuscript submission and a process of peer review.

SUBSCRIPTION AND MEMBERSHIP

The journal is published in partnership with the CDI twice a year and is available both in print and online (Print ISSN 2046-1348; Online ISSN 2059-4879). Institutional subscription (online only) costs: £120 (plus VAT where applicable). Annual print subscription costs £30 UK, £35 Europe outside UK or £40 outside Europe, including postage. Individual online subscription costs £25 (plus VAT where applicable).

Membership of NICEC is also available (£75 pa or £50 pa for full-time students). Members receive the journal, free attendance at NICEC events and other benefits.

For information on journal subscription or membership, please contact: membership@nicec.org

COPYRIGHT AND DISCLAIMER

Articles are accepted on the condition that authors assign copyright or licence the publication rights in their articles to the National Institute for Career Education and Counselling (NICEC). An important goal of NICEC is to encourage freedom of expression. Individual viewpoints expressed in the journal do not represent NICEC as a whole.

PUBLISHER

The *Journal of the National Institute for Career Education and Counselling* is published in partnership with the CDI by: National Institute for Career Education and Counselling (NICEC), The Lodge, Cheerbrook Road, Willaston, Nantwich CW5 7EN.

www.nicec.org

EDITORIAL

2 Overview of this issue

Lyn Barham and Michelle Stewart

ARTICLES

3 Mid-life career reinvention: Dancing with fear and confidence

Laura Walker

11 Evaluating the helpfulness of a co-construction approach to career learning and development programme design

Lis McGuire

19 The training and development of careers leaders in England: Reflections on provision

John Gough

26 Plan: Me – a practical tool for career decision making

Katie J Dallison

33 Enhancing CV feedback: Providing feedback to students and graduates using screencasting technology

Keren Coney and Ben Simkins

41 An evaluation of the INSPIRED teenager framework

Lewis Clark and Carolyn Parry

48 'A helping hand': The role of career guidance in finding the right career pathway for at-risk students in three European contexts

Szilvia Schmitsek

54 Career beliefs, aspirations and after-school activities: The effects of socio-economic status and ethnicity

Nikki Storey

NEWS

62 Call for papers

63 Forthcoming events – NICEC | CDI

Overview of this issue

Welcome to the Journal of the National Institute of Career Education and Counselling. In this edition established academics, new writers and practitioner researchers bring us useful insights into career learning and the interplay between theory, practice and research. The UK government's recent career strategy placed renewed emphasis on career learning in schools in England making it a highly topical subject for consideration. However, career covers all stages of life and needs to be supported by a life-long engagement with learning, hence the articles extend beyond the school setting. Our authors reflect on programme design, review the development and implementation of career learning frameworks and tools, and explore external and internal contextual factors that influence the career learning process. Whilst different in focus and context, at the core of all the articles is the theme of client and participant career learning leading to progression in career development.

A particular landmark for NICEC is the publication of an article by **Laura Walker** which was awarded the Bill Law Student Memorial Award 2019. In this opening piece, Laura explores the implications for career guidance practice of late career decision making, where she characterises the learning as a process of discovering more of themselves – 'more of me'. The findings are set out using a visual which is unique to the author and very helpful for use by practitioners. The image of 'dancing with fear' is powerful, and reminiscent of Bill Law's use of imagery in his concern to help practitioners to apply the lessons learned through research to practice.

In the two articles that follow, **Lis McGuire** and **John Gough** write from different perspectives about the process of designing learning experiences. Liz explores adopting a collaborative approach between the provider and the user of services. Although the article focuses on addressing the needs of persons with mental health problems, her findings and reflections are equally relevant to programme design for other user groups. Similarly, John's reflections on a collaborative process in training careers leaders in England highlights

the importance of engaging the voice of the learner in enabling them to develop this role effectively in complex and demanding educational environments.

The next three articles focus on specific aspects of working directly with clients, and present new career learning tools and a career framework. These developments, rooted in practice, include a mix of 'what works' along with reflection on what was less successful, and insights into why that might be. First, **Katie Dallison** describes the development and implementation of Plan: Me. Piloted within higher education, this tool takes a holistic approach to career decision making, integrating goal setting, and allowing clients to map out a process of how they can move themselves forward independently. Second, we have an article by **Keren Coney and Ben Simkins** in which they consider the potential of using 'screencasting' technology to support students' C.V. writing. Third, **Lewis Clark and Carolyn Parry** review their creation of the INSPIRED teenager framework designed to support collaborative career-based learning between parents/carers and their teenage child.

The final two articles are concerned with the wider context within which career learning takes place. **Szilvia Schmitsek** explores the educational experiences of young people in England, Denmark and Hungary who had been at risk of dropping out, but later gained a qualification at a second chance provision. In contrast, **Nikki Storey** is concerned with the influences on the career beliefs of students in an ethnically diverse state school in London. Using an adapted short version of the 'Careers Beliefs Patterns Scale', Nikki examines the interlinked impacts of ethnicity and socio-economic status, and draws out recommendations for practitioners.

Lyn Barham & Michelle Stewart, Editors
